



Charles Sturt
University

REACH P2P

Graduate Research Mentoring Program

Mentee Information Sheet



Mentoring is to support and encourage individuals to manage their own learning in order that they may maximise their potential, develop their skills, improve their performance, and become the person they want to be.

About REACH P2P

The Charles Sturt University REACH Peer-2-Peer (P2P) Graduate Research mentoring program is designed improve your overall student experience, promote a feeling of belonging, and to create opportunities for you to engage with your fellow students.

The REACH P2P program aims to:

- enhance the research quality, capability, and experience of all Graduate Research candidates by facilitating the flow of information;
- where appropriate provide advice to meet the administrative, wellbeing and support needs of Graduate Research candidates; and,
- support the development of social and professional networks by promoting and enabling opportunities for engagement.

What is the mentoring arrangement?

As a REACH P2P Mentee, you will typically be a Graduate Research candidate in the beginning or early stages of your Graduate Research program. Once you have been matched with a suitable

Mentor, you should connect with them and work with them to plan meetings, set some goals or outcomes for the mentorship, and identify areas where they can best support you.

The mentorship will be for a period of 6 months and is entirely voluntary. During this time, you would be expected to commit to meet fortnightly for 1 hour with your Mentor in accordance with your agreed goals and within the guidelines outlined in the program.

Who can apply to become a REACH Mentee?

Any Graduate Research candidate who has formally commenced their candidature can apply to become a REACH P2P Mentee. Every effort will be made to match all mentees with a suitable mentor, but this will be subject to numbers within the program at the time.

How will being a REACH P2P Mentee benefit me?

Mentoring is a rewarding two-way process and as a mentee you will benefit in a number of ways from the program. It will:

- help to overcome a sense of isolation and disconnectedness that can be experienced by Graduate Research candidates and promote a sense of belonging;
- help you 'to find your way' and to normalise the experiences and challenges of the Graduate Research journey;
- develop your confidence and improve the overall Graduate Research experience; and
- help you to grow your own network with other Graduate Research candidates, faculty staff members, alumni, and industry.

It is not intended that a mentor would provide you with specific academic or research guidance or advice. That is the role of your supervisory team and other academic and professional staff at the university.

What is the Mentorship Commitment?

Expression of Interest	Session 1 Opens February Session 2 Opens July Submit your EOI
Attend Orientation and Welcome	Orientation and Welcome session online 1.5 hours
Mentoring Activities 1 hour per fortnight	Session 1 commencing March – August Session 2 commencing August - February
Respond to Mid-point Review	15- 20 minutes online
Respond to Final Survey	15- 20 minutes online

How do I become a REACH Mentee?

To apply to become a REACH P2P Mentee you should complete the [Expression of Interest form HERE](#). If you are unable to commit to participate in this session but would be interested in future intakes, please complete the EOI and let us know your availability.

Further Information

For questions, help and support or if any problems arise in your mentoring relationship, please contact Jennifer at ResearcherDevelopment@csu.edu.au